



The Newsletter of the Laguna Hills High School Alumni Association

Volume #12 Issue # 1

Winter, 2010

Where Did All of the Old Teachers Go?

Mr. Erik Frost was an original staff member when LHHS opened in 1978 . He taught autoshop until he left in 1989 and took a teaching position at Santa Ynez High School where he taught Automotives and Welding. Later, he became the Activities Director, the Dean, the Assistant Principal and in 1995, the Principal. After five years as Principal, Erik transferred to Santa Maria High School where he retired as the Assistant Principal. After retiring, he worked in the area as an educational consultant and spent four years working with the AVID program in several central California school districts. He also works with the Santa Barbara Foundation and the Scholarship Foundation of Santa Barbara.

Since 2005, Erik and his wife Judy have traveled throughout the USA and to as many foreign countries as possible. Since then they have eliminated a number of places off of their (bucket) list ranging from Washington DC to the Black Hills of South Dakota, New York to the Balloon Festival in New Mexico, and out of the country to places like London, Ireland, Italy, Greece, and throughout the Caribbean Islands.

Mr. Ron Archer taught English and yearbook here at LHHS from 1978 through 1985. Ron moved to Trabucco Hills High School until 1998, when he moved to Mission Viejo High School for ten years. Then he moved to El Toro High School where he plans on finishing his career.

Is there a teacher you would like to check in on? Send Steve McCormack an email at mccormacks@svusd.org.

3RD ANNUAL ALUMNI PICNIC

Mark Saturday, June 19 on your calendars for the Third Annual LHHS Alumni Picnic which will be held at Doheney State Park in Dana Point Harbor. The picnic will begin at 11 AM and we have the picnic area all day. Bring your whole family and have fun visiting with old friends while playing in the surf. The alumni association will provide hot dogs, sodas and all the fixins. In addition, we have an alcohol permit so bring your own wine and beer.

Did You Lose Your Yearbook?

If you lost your yearbook or never purchased one, here is your chance to go back in time. Many old yearbooks were discovered on campus and are now on sale for \$50 (\$40 for alumni association members). This is a great deal. If you bought these from a private company, it would cost twice as much. The following is a list of the years available: 1981 through 1987, 1989 through 1991, 1993, 1998, 2000, 2001, 2003, 2005 and 2006. In addition, there are nine copies of the 2001 baccalaureate video. For more information and/or to purchase a yearbook contact Steve McCormack at mccormacks@svusd.org.

ALUMNI BOARD

This year's alumni board members are:

President - Kathi Nardoza '81

Vice President - Nadine Levin '82

Treasurer Steve - McCormack

Secretary - Marshall Young '93.

As we begin our 12th year, the LHHS Alumni Association strives to keep all alumni in touch with each other and we hope to continue to provide scholarships for graduating seniors. If you are interested in serving on the alumni board, please email Steve McCormack at mccormacks@svusd.org.

Spring Musical *Beauty and the Beast*

Mrs. Susan Lord hopes the alumni will come out and enjoy an evening at the Hawk Theater this spring. *Beauty and the Beast* will be playing on April 29, 30 & May 1, 6, 7, 8 at 7:00 pm and on May 1 & May 8 at 2:00 pm. The production will feature Alex Delahunty as the Prince/Beast, Dylan Astle as Gaston, Ian Neale as Le Fou, Josh Garcia as Cogsworth, Madisen Hayes as Nick Johnson as Lumiere, Tori Johnson as Chip and Gabby Jackson as D'Arque. Email Steve McCormack at mccormacks@svusd.org for an alumni discount.

Hawk Sports Trivia

1. Name two sports that are no longer played at LHHS?
2. Which boys sport has the greatest number of CIF Championships?
3. Which girls sport has the greatest number of CIF Championships?
4. What boys sport was the first to win a CIF Championship?
5. What girls sport was the first to win a CIF Championship?

See answers on the next page.

Hawks in Flight

John McDaid '83 - went to Harvard and played football and now lives in Virginia. John is an SEC football official and was the Head Official for this year's BCS Championship game.

Robert Lentz '01 is living in Nashville, Tennessee where he is training in Internal Medicine at Vanderbilt. Just before graduating from medical school, Robert spent five weeks in Beijing, China on a medical rotation, where he was exposed to unusual diseases and traditional Chinese medicine. Robert enjoys the South but is not sure if he will stay there after finishing his training.

Lincoln Lee '00 - says life has been good. While attending UCSB, he traveled overseas on a missions to Brazil, The Philippines, China and Thailand. He graduated a year early and earned his MBA while working as a Treasury Analyst at AIG. He moved to China for about 6 months and then to Korea for about 2 years for work. Then Lincoln moved to San Diego about 2 years ago to attend law school and will be finishing up within a year and a half or so.

Jess Chao '04 - graduated from Stanford with a B.S. in 2008 and is putting his biology degree to use in a two-year fellowship with the U.S. Department of Bioethics at the National Institute of Health in Bethesda, Maryland. Jess describes his fellowship as "bioethics training camp." He is serving as an "on-call" ethicist for NIH Ethics Consultation Service, reviewing research protocols at the National Cancer Institute, serving on the Clinical Center Ethics Committee and taking courses in research ethics and bioethics. Jess is also working on a research study with Ezekiel Emanuel, a health-care adviser in the White House, and heading a project on ethical issues in international vaccine development. Jess is currently applying to medical school and hopes to return to sunny California.

Elizabeth Monarrez 08 - applied to Chapman University during her senior year, and unfortunately, even with a 4.3 grade point average and three languages, did not get accepted. So for the last two years she attended Orange Coast College. Liz got her insurance license and did that for a while, but about a year ago, she started working for a commodities trading firm in Irvine. A few months ago, they

offered her a job in Nevada, where they are opening an office, and so she took the opportunity. Even though she was accepted to Chapman as a transfer student, Liz declined because of her new job; she will be attending the University of Las Vegas. She will be majoring in Business Communications with a minor in fashion. Liz hopes to manage a large fashion corporation one day.

Jeff Skinner '96 - graduated from Georgetown University in 2000 and NYU School of Law in 2005, and is now an attorney in the Washington, DC office of Goodwin Procter LLP. His practice focuses on general commercial litigation, products liability and labor and employment law. He still manages to find time to travel (next trip: Peru and Chile over the New Year) and follow the Lakers and Angels. Jeff hopes to make it back to Southern California one of these days but is enjoying life on the East Coast.

Michael Stephen '83 - is the Director of the Emergency Department at St. Francis Medical Center in Lynwood (South Los Angeles). It is a busy, urban Level 2 Trauma center and Emergency Department. They see about 200 patients a day. It is a great place to work because this is a huge underserved area of Los Angeles and the Daughters of Charity (who run the hospital) are committed to serving the poor. They have lots of resource issues, especially in our current economy, but somehow things seem to work themselves out. All in all, Michael is very grateful to be working at St. Francis. Michael has been married for 16 years to his beautiful wife, Christy. They have 3 girls - Jessica 11, Naomi 9 and Sophia 5.

Cris Bulicz 90 - joined the military, got deployed during the first and second gulf wars and just found out that he is scheduled to return again this year. After this last tour, he plans on retiring. During his reserve time, he finished college, got on the job with LAPD and is now training recruits in the field. Chris has worked traffic and did accident reconstruction for LAPD for about 5 years. He is thinking about getting his master's degree, so when he retires, he will be able to teach some of the academy classes part-time.

Asweres to sports trivia : 1. Badminton and gymnastics, 2. wrestling, 3. Girl's swimming 4. baseball (1984) 5. Softball (1987)

LHHS Class of 1990 20 Year Reunion

When: July 17, 2010 5:00 PM until

Where: Balboa Yacht Club in Corona Del Mar.

Cost: \$100 per person.

**This will include a limited open bar, food, entertainment and more...*

**** Please make checks payable to:**

Brad Grebel

49700 Rancho San Francisquito

La Quinta, Ca 92253

In the memo write: Class of 1990 Reunion.

For more information: Contact Brad Grebel at 760-218-0017 or Bradley@dc.rr.com or LHHS1990@dc.rr.com

"Hawks helping Hawks"

*****For all of your snow boarding and related needs, contact Dave '92 and Anne Gullo (Katsuyama) '91 at the number below**



Dave & Anne Gullo

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Membership Application

First Name Last Name Maiden Name Phone Number E-mail

Street Address City State Zip Code Grad. Year

Membership Level: \$20 Standard \$35 Hawk White \$50 Hawk Brown
 \$100 Hawk Gold \$250 Hawk Platinum \$500 Hawk Diamond

*** All donations above the \$20 standard membership will fund alumni scholarships for graduating seniors. Platinum and Diamond are life time memberships.*

Return this form with your tax deductible **check** to LHHS Alumni Association,
Attention: Steve McCormack, 25401 Paseo de Valencia, Laguna Hills, CA 92653

Please make your check payable to the **LHHS Alumni Association**

Check this box if it is OK post any pictures of you from old year books on the web sites.

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